

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM	Stretching and ROM Exercises	Morning Walk	Stretching and ROM Exercises	Morning Walk	Stretching and ROM Exercises
8:30 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 AM	Handwriting	Computer Typing	Handwriting	Computer Typing	Handwriting
9:30 AM	Language Arts Part 1	Mathematics Part 1	Language Arts Part 1	Mathematics Part 1	Language Arts Part 1
10:00 AM	Play Catch with a Frisbee Outside	Use Chalk to Play Hop-Scotch	Play Soccer Outdoors	Plant Flowers and Water the Garden	Go on a Mid-Morning Walk
10:30 AM	Language Arts Part 2	Mathematics Part 2	Language Arts Part 2	Mathematics Part 2	Language Arts Part 2
11:00 AM	Prepare Lunch	Prepare Lunch	Prepare Lunch	Prepare Lunch	Prepare Lunch
11:30 AM	Prepare Lunch	Prepare Lunch	Prepare Lunch	Prepare Lunch	Prepare Lunch
12:00 PM	Play Basketball at a Park	Go on a Nature Trail	Visit a Local Greenhouse	Go to a Playground	Go Geocaching
12:30 PM	Play Basketball at a Park	Go on a Nature Trail	Visit a Local Greenhouse	Go to a Playground	Go Geocaching
1:00 PM	Social Studies Part 1	Science Part 1	Social Studies Part 1	Science Part 1	Social Studies Part 1
1:30 PM	Clean-up From Lunch	Clean-up From Lunch	Clean-up From Lunch	Clean-up From Lunch	Clean-up From Lunch
2:00 PM	Social Studies Part 2	Science Part 2	Social Studies Part 2	Science Part 2	Social Studies Part 2
2:30 PM	Outdoor Reading	Outdoor Reading	Outdoor Reading	Outdoor Reading	Outdoor Reading
3:00 PM	End of School Day	End of School Day	End of School Day	End of School Day	End of School Day
3:30 PM					
4:00 PM					

4:30 PM					
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